

JANUARY 2016

HANDBALL TECHNICAL RULES • THE SHOOT OUT

The „Light Version“

In case of a draw during placement matches and final matches in tournaments or “best of-series”:

If there is a tie after the end of the match, the match will be decided by the shoot-out.

Procedure of the “shoot-out” competition

- 5 players who are eligible to play take throws alternating with the opposite team (a goalkeeper can also be a thrower)
- The winner is the team that has scored more goals after 5 throws
- If the outcome has not been decided after the first round, the “shoot-out” is continued. For this purpose the ends shall be changed first and now the other team goes first. Again 5 playersetc. In the second round and any subsequent round the match is decided as soon as one team takes the lead once there has been an equal number of attempts by each team.
- In the “shoot-out” the referees use a toss to determine the choice of ends and which team starts. If a team has won the toss and elects to start in the “shoot-out”, then the opponents have the right to choose the end. Alternatively, if the team that wins the toss prefers to choose ends, then the opponents
- The passing (attacking) goalkeeper starts off standing on the goal line at least with one foot and he can move freely in the goalkeeper after the whistling of the referee
- The court player with the ball must stand in the playing area with one foot on the 9 meter-line (The player decides where).
- When the referee whistles the player plays back the ball to his goalkeeper. During the pass the ball is not allowed to touch the ground.
- Both goalkeepers must remain in their goal area
- Within 3 seconds the attacking goalkeeper must pass the ball to his teammate, who is running towards the opponent’s goal. Also during this pass the ball is not allowed to touch the ground.
- The player must catch the ball and try to score a goal without dribbling or any other rule violation.
- If the attacking goalkeeper or the court player commits a rule violation the attack is over.
- If the number of players drops below 5 in one round by punishments of the referees, the team in question will have correspondingly fewer opportunities.

