TECHNICAL RULES FOR ISF WSC ORIENTEERING
UPDATED MAY 23, 2016
"We are school sport"

The competition will be run according to current ISF and IOF rules under the direction of the ISF Technical Commission for orienteering. http://orienteering.org/foot-orienteering/rules/

Specific ISF rules are:

1. The competition is open both to school teams and selected teams.
2. There will be a competition organised in the following categories:

- M2 school teams, boys (14/15 years old)
- W2 school teams, girls (14/15 years old)
- M1 school teams, boys (16/17/18 years old - maximum two participants aged 18 years)
- W1 school teams, girls (16/17/18 years old - maximum two participants aged 18 years)
- M2 selected teams, boys (14/15 years old)
- W2 selected teams, girls (14/15 years old)
- M1 selected teams, boys (16/17/18 years old - maximum two participants aged 18 years)
- W1 selected teams, girls (16/17/18 years old - maximum two participants aged 18 years).

3. Each country may enter only one team in each category.
4. Each competitor may only compete in one team.
5. All competitors of the school team must have been enrolled the same school since the beginning of the school year.
6. All competitors of the selected team must have been enrolled at a school in the country concerned since the beginning of the school year.
7. Students aged 18, 17, 16, 15 and 14 years on 31 December of the year of the World Schools Championship concerned can participate
8. Each team shall be composed of 5 athletes entered in the ERAS system and one teacher or coach
9. At accreditation, teams who arrive without one of their 5 entered athletes may accredit and participate in the competition with 4 (four) athletes. Teams who arrive with less than 4 members shall not participate in any part of the competition.
10. The athletes must be enrolled as full-time students at the school which they represent. They must be attending schools which provide a general education.
11. The following are not eligible to participate:
a. pupils of vocational schools who only attend that school as a complement to their vocational training,
b. school teams and pupils enrolled at schools which provide sports training without any general education,
c. part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports,
d. teams formed as part of clubs, companies, universities or other institutions.
12. Each participating team must be nominated officially by the organisation responsible for school sport in that country and which is a member of the ISF.
13. Only athletes, registered on the team's list handed in at the accreditation, are authorized to take part in this competition.
14. Mixed teams are not allowed.
15. The maps will be drawn according to IOF rules (scale 1: 10000 ).
16. Punching system: Only IOF approved electronic punching systems may be used.
17. Expected winning times:

| Long distance |  |  |
| :---: | :---: | :---: |
| Categories: expected winning time / max. distance |  |  |
| M1 boys | 42-45 min | 6.500 m |
| M2 boys | 32-35 min | 4.500 m |
| W1 girls | $37-40 \mathrm{~min}$ | 5.500 m |
| W2 girls | 30-33 min | 3.500 m |
| Middle distance |  |  |
| Categories: expected winning time / max. distance |  |  |
| M1 boys | 25-27 min | 4.000 m |
| M2 boys | 19-21 min | 2.700 m |
| W1 girls | 19-21 min | 2.700 m |
| W2 girls | $19-21 \mathrm{~min}$ | 2.100 m |

18. School teams and selected teams in each category will race the same distance on separate courses. The courses will be in the same area and will have different control points. This will result in courses of varying difficulty.
19. The starting order for the official competitions will be determined by a draw. Runners in the same category will start at intervals of 2 minutes (according to the number of participants in the different categories).
20. Classification of the teams.

For both races (long and middle distance), the classification of the teams will be made by adding three best individual times of each race. The general classification will be done by adding the results of both races (long and middle distance).
The winning team will be the team with the best result.
When two teams achieve the same time, the team showing the best result on the long distance will declared winner.
When both teams are again equal, the second time decides who will be declared winner and so on. In category $\mathrm{M}_{1}$ and $\mathrm{W}_{1}$ only one result of the 18 year old participants will be counted. The two other best results must come from the 16 or 17 year old participants.

## 21. Prize-giving.

Each participant will receive a commemorative certificate.
The teams finishing first, second and third will rewarded with medals and trophies The first three individuals in each category will receive medals/ the first six in each category will receive a diploma.
The ISF Joy of Moving Trophy will be awarded to a delegation by the Fair Play Jury following consultation with the Technical Commission ISF, the Organizing Committee and the delegations.

NB. Additional information will be included in bulletin 1, 2 and/or 3 of the relevant event

